FRIDAY, MARCH 27—YOU HAVE TO TRUST ME

For a little over three years, Jesus' ministry impacted his then known world in astounding ways. The sick were healed. The blind had their sight restored. The lame folk were able to walk again. The poor people heard a message that brought hope to their hopelessness. Demonic spirits even collapsed at the name of Jesus. It was an amazing season in the life of Christ.

Not only did the recipients of his ministry walk away blessed, but his beloved disciples were also mesmerized by the power of this man named Jesus. Although they had heard him teach and preach, although they saw him work miracles, nothing prepared them for the moment when He spoke and the winds and the waves of the waters obeyed his voice. In total awe and wonderment they said to one another, “What kind of man is this that even the winds and the waves obey him?”

However, the hour of his glory was about to come. The death of the cross, his real purpose for coming to earth, was about to happen. Unimaginable to the disciples, they were about to face some of the most terrifying moments of their lives since they began to follow Jesus. The difficulty would come because they had only seen Jesus functioning in power and authority. They were about to see him battered, bruised, and torn. The sight of a crucified Jesus would be different than the sight of a miracle working Jesus. This sight would shake them to the core; therefore, in order to prepare these men for such a moment, He shares a word of encouragement.

“Don't let your hearts be troubled. Trust in God, and trust also in me.” These words were spoken in order to ease the anxiety of the disciples. They were encouraged not to fear but to trust. That too is our encouragement; don’t fear but trust. In the midst of danger, heartache, setbacks or setups, it is normal to resort to a lifestyle of fear and trepidation. However, the instruction is to trust in God instead of allowing your heart to be troubled.

Why trust? Trust anchors the soul and keeps it from being tossed in every direction. Trust calms the fear and speaks peace to the soul. Trust releases you from the prison of worry and anxiety. Trust allows you to live your life in total dependence on Him.

How vital is this word for our day and time? Our world is chaotic, terror driven, and dread oriented. The first ten to fifteen minutes of the news is all bad! Only murders, kidnappings, bombings, natural catastrophes or other forms of devastation rank high enough to be placed in the top portion of the news. No wonder we are a stressed out generation! My hope is that we, like the disciples will hear the voice of the Lord in every situation and not be moved by what we see, but trust in the Christ who said, “Don’t let your hearts be troubled.”

Solomon's wisdom says it like this, “Trust in the Lord with all your heart and lean not to your own understanding, in all you ways acknowledge Him and He shall direct your paths.” (Prov. 3:5-6)

Let Us Pray:

Dear Father, I am so grateful that I can totally rely and depend on you. I acknowledge that I may not be prepared to face all of the trials that will occur in my life, but I trust that whatever you allow it is for my growth. I confess my trust in you and I wait only for you, in the precious name of Jesus, Amen!

Scriptural References: John 14, Proverbs 3, Luke 8